

**REDLANDS UNIFIED SCHOOL DISTRICT
MIDDLE SCHOOL COURSE APPROVAL REQUEST
GRADES 6-8**

THIS SECTION IS TO BE COMPLETED BY A SCHOOL DISTRICT REPRESENTATIVE:

School Submitting Information

School: Redlands eAcademy Department Electives

(course offerings will be made available for all schools)

Contact Information

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Course Information

Course Title: Middle School Sports Elective Transcript Name (15 Max): MS Sports Elect

Length of course: one semester Amount of Units: 5
(one semester, two semesters, or one-year course)

Area of Credit: Elective

(How will this course satisfy graduation requirements? Math, English, Elective, etc. Will it roll to a secondary credit if any?)

Teacher Requirements

Credential Required: Secondary Credential Additional Training: _____

Department Review Date: 11-13-24 Dept. Signature: _____

Site Administrator Signature: _____

THIS SECTION IS RESERVED FOR DISTRICT USE:

Assigned Reviewer Section

Reviewed by: Mark Blinn Date reviewed: 11/13/2024

- ☐ District section of this form is appropriately completed
☐ All required attachments are affixed and appropriate
☐ Site signatures current and appropriate

Recommendation: ☒ Approve ☐ Do Not Approve Signature: _____

Course Approval Curriculum Committee

Approved by: Majority decision Date approved: 11/20/2024

Date approval/disapproval notification letter sent: 12/3/2024

Signature: _____

Board Submission Date: _____ Board Approved Date: _____

New Course Submission

Middle School Sports Elective



COURSE OUTLINE:

The Middle School Sports Elective is a half year course that explores different sports in our culture, including the history, rules, important figures, and basic skills of that particular sport. In this class, we will explore three different sports each semester (6 week units) that focus on not only developing their fundamental skills, but also their knowledge of and appreciation for the sport.

PREREQUISITES:

Open to all middle school students

COURSE CONTENT:

UNITS:

- **Baseball/Kickball**
 - **The students will be able to**
 - Describe a brief history of baseball
 - Explain the general rules of baseball
 - Describe vocabulary words associated with the sport of baseball
 - Execute simple skills related to baseball/kickball (throw, catch, bat/kick)
 - Demonstrate their understanding through summative quizzes and a final project
 - **Assignments**
 - Choose and research an important figure, historical aspect, or the evolution of equipment for baseball/kickball (approve topic of research with a teacher)
 - Choose a presentation format from a choice board and create a presentation to share with the class.
- **Tennis/PickleBall**
 - **The students will be able to**
 - Describe a brief history of tennis and pickleball
 - Explain the general rules of tennis
 - Explain the general rules of pickleball
 - Describe vocabulary related to tennis
 - Describe vocabulary related to pickleball
 - Execute simple skills related to tennis and pickleball
 - Demonstrate their understanding through summative quizzes and a final project
 - **Assignments**
 - Choose and research an important figure, historical aspect, or the evolution of equipment for tennis/pickleball (approve topic of research with a teacher)
 - Choose a presentation format from a choice board and create a presentation to share with the class.

- **Basketball**

- **The students will be able to**

- Describe a brief history of basketball
 - Explain the general rules of basketball
 - Describe vocabulary related to basketball
 - Execute simple skills related to basketball
 - Demonstrate their understanding through summative quizzes and a final project

- **Assignments**

- Choose and research an important figure, historical aspect, or the evolution of the equipment in basketball (approve topic of research with a teacher)
 - Choose a presentation format from a choice board and create a presentation to share with the class.

Each six week unit will consist of a brief history of the sport, rules of the sport, and vocabulary associated with the sport. Students will have the opportunity to learn simple skills related to the given sport and to play the game several times. The units will culminate with a day set aside for students to share with the class the project they have been working on. The semester will culminate with a final exam.

Assignments:

Students will choose and research an important figure or historical aspect of the sport and create a presentation for their peers, which will be presented to the class during the last week of each unit.

Optional Sports for this curriculum:

Baseball/Kickball

Tennis/ Pickleball

Basketball

Football/flag football

Soccer

Boxing/kickboxing

Running/Cross Country

Biking/Mountain biking

Track and Field Sports

Table Tennis

Volleyball